



Calendar of Events Autumn/Spring 2011-2012

Events for those interested in their health and well being

Durham Local Support Group

What's on, where and when and for whom?

Below are the events for the next few months for the local support group of the FHT. The events and talks are open to everyone; FHT members, members of other therapy associations and the general public. Many of the talks lead onto full day or weekend workshops for those wishing to take certain subjects a little further. The entrance fee for each of the talks is now £x for FHT members and £x for non-members.

Jenny Alltimes & myself will be taking on the role of joint coordinators for the Durham LSG from Christine Fisk at the next meeting which takes place on Monday 31st October at Middridge Village Hall, Middridge, Co Durham starting at 6.30pm.

Having spoken with Christine and had a handover, this first meeting will be a meet and greet with an open forum for us all to air our views of what we expect from the Local Support Group. There will also be a chat about the funds generated by the meetings and the speakers we hope to secure in the future.

Please do come along and support YOUR local group in their meetings, workshops, shows and other events they may well be getting involved with as without your support the groups cannot function and be there when you may need support yourself. They are fun, friendly and informative evenings and are open to FHT members as well as therapists and students from other professional associations and in most cases the general public too so please feel free to invite your friends, family and work colleagues to come along to the meetings they are welcome.

Happy networking!



If you have just picked up this leaflet from a clinic or retail outlet you may well be wondering what all this is about. The Durham local support group is for practitioners, students and people who just have an interest in the complementary health, fitness and beauty. You do not have to be a member of the FHT to attend, however to find out more about our association visit our web site at www.fht.org.uk

Should you have friends who might be interested please bring them along. For more information please email **Sally McDowall** at sallymcdowall@aol.co.uk or 07790081283. It's helpful if you let me know if you are coming. Also contact me before the event with your views, opinions, ideas if they can't join in the evening.