

Calendar of Events 2012

Events for those interested in their health and well being

Irvine Local Support Group

What's on, where and when and for whom?

Below are the events for the next half-year for the local support group of the FHT. The events and talks are open to everyone; FHT members, members of other therapy associations and the general public. Many of the talks lead onto full day or weekend workshops for those wishing to take certain subjects a little further. The entrance fee for each of the talks is now £5 for FHT members and £6 for non-members and £3 for students.

Date: Sunday 19th February 2012 2.30 to 4.30pm

Venue: Fullerton Church Hall, Irvine

Topic: Our speaker is a local therapist Jason Bryce who will talk about Synergy Reiki and give us information about Theta Healing

Date: Sunday 18th March 2.30 to 4.30pm

Venue: Fullerton Church Hall, Irvine

Topic: Lesley McPherson on Classical Pilates

Date: Sunday 13th May 2.30 to 4.30pm

Venue: Fullerton Church Hall, Irvine

Topic: Robin Wagg: Quigong, a participatory afternoon.

Please Note:

If you have just picked up this leaflet from a clinic or retail outlet you may be wondering what all this is about. The Irvine local support group is for practitioners, students or people who just have an interest in complementary health, fitness or beauty. You do not have to be a member of the FHT to attend, however to find out more about our association visit our web site at www.fht.org.uk or call 0844 875 2022.

Should you have friends who might be interested please bring them along. For more information telephone **Evelyn** on **01294 823724**. or email langsted@btinternet.com. No need to book unless other wise stated, just turn up and enjoy.