



**Federation of Holistic Therapists**  
The UK's largest professional therapist association

## Calendar of Events 2012

Events for those interested in their health and well being

### **Prestatyn and District Local Support Group**

#### **What's on, where and when and for whom?**

Below are the events for the next half-year for the local support group of the FHT. The events are open to everyone talks are open to everyone; FHT members, members of other therapy associations and the general public. Many of the talks lead onto full day or weekend workshops for those wishing to take certain subjects a little further. The entrance fee for each of the talks is now £5 this includes refreshments and a raffle ticket.

**NEW VENUE: Emrys p Iwan Salon in Abergele College Faenol Avenue Abergele Conway LL22 7HE**

**Date: Thursday 19<sup>th</sup> April 2012 Starting 7.00- Till 9.00pm**

**Topic: EMERGENCY LIFE SUPPORT TRAINING**

**Guest JULIET TOBLER - FROM THE NHS CARDIAC TEAM**

**Calling all Cardiac Patients and their families, all holistic therapists, beauty therapist, hairdressers, general public.....**

**'WOULD YOU KNOW WHAT TO DO IN AN EMERGENCY SITUATION? COME AND LEARN EMERGENCY LIFE SUPPORT TRAINING, WITH THE CARDIAC REHAB TEAM. YOU NEVER KNOW WHEN YOU MAY NEED TO SAVE A LIFE.....'**

**Date: Thursday 17<sup>th</sup> May 2012 Starting 7.00pm – Till 9.00pm**

**Topic: AN HOLISTIC APPROACH TO CANCER**

**Guest Speaker: BERNARD DRAPER - HERBALIST, HOMEOPATH PRACTITIONER**

**I shall be looking at the treatments of cancer which look at the physical, mental and emotional causes and the range of approaches available. I will be drawing on my experiences as a homeopathic pharmacist in Liverpool and as a holistic practitioner in Llandudno where I work as a herbalist, homoeopath and flower essence practitioner.**



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**Date Thursday 21<sup>st</sup> June 2012 Starting 7.00pm - Till 9.00pm**  
**Topic: THE ROLE OF FLOWER ESSENCES IN EMOTIONAL HEALING**  
**Guest Speaker: BERNARD DRAPER – HERBALIST, HOMEOPATH PRACTITIONER**

I shall be looking at a variety of Flower Essences including the Bach Flower Remedies based on my knowledge and experiences as a practitioner member of the British Flower and Vibrational Energy Association, and as a practitioner in my holistic practice in treating the emotional causes of a variety of conditions and illness.

**Date: Thursday 19<sup>th</sup> July 2012 Starting 7.00- Till 9.00pm**  
**Guest: Speaker: JEFF POWELL PAST-LIFE THERAPIES**

Jeff will give a talk and demonstration of Pastlife Regression Therapies, he will give everyone the chance to ask questions during the session. Jeff has been highly recommended by some of our FHT group members who have been to previous workshops. From this talk we can also book Jeff for a full one day workshop so bring your diaries, you can also visit Jeff's website [www.pastlifetherapies.co.uk](http://www.pastlifetherapies.co.uk) for more information.

**Date: Thursday 21<sup>st</sup> September 2012 Starting at 7.00pm Till 9.00pm**  
**Guest Speaker: RHIANNON FENNELT THERAPIST AND HERBALIST**

Rhiannon will give a talk and demonstration on Ayurvedic Foot Ritual Massage, this new treatment involves foot bath and hot towels and heated oils.

### **Please Note:**

If you have just picked up this leaflet from a clinic or retail outlet you may well be wondering what all this is about. The Prestatyn and District local support group is for practitioners, students and people who just have an interest in the complementary health, fitness and beauty. You do not have to be a member of the FHT to attend, however to find out more about our association visit our web site at [www.fht.org.uk](http://www.fht.org.uk) or call 0870 4202022

Should you have friends who might be interested please bring them along. For more information telephone **Lynne** on **01745 889772** or **Marietta** on **01352 721205** No need to book unless otherwise stated, just turn up and enjoy.