



PROVIDING
SUPPORT
& EDUCATION
LOCALLY

Calendar of Events February – July 2012

Events for those interested in their health and well being

Salisbury Local Support Group

What's on, where and when and for whom?

Below are the events for the beginning of 2012 for the Salisbury local support group of the FHT. The events and any workshops are open to everyone; FHT members, members of other therapy associations and the general public. Many of the talks lead onto full day or weekend workshops for those wishing to take certain subjects a little further. The entrance fee for each of the talks is still just a very reasonable £3 for FHT members and £5 for non-members. The presentations begin at 7:30, but feel free to arrive from 7:00pm, and the evening finishes by 9:30pm.

Past topics have included Colour Therapy, Reiki, Maya (abdominal) therapy, a Tai Chi workshop and these are our topics up until April.

Date: 1st February 2012
Venue: Room 306, The Hall, 4 New Street, Salisbury SP1 2PH
Topic: Life's unseen signposts
Speaker: Jon Critoph, FHT

Date: 7th March 2012
Venue: Room 306, The Hall, 4 New Street, Salisbury SP1 2PH
Topic: Hand Reflexology
Speaker: Teresa Rich of ReflexologyUK

Date: 4th April 2012
Venue: Room 306, The Hall, 4 New Street, Salisbury SP1 2PH
Topic: New Era Crystals for 2012 and Beyond
Speaker: Linda Priest of Crystalline College

Recent feature: We have recently introduced a "For Sale/Swap" table in the room at the LSG meeting. Members can bring along any items they no longer need and offer them for sale/swap (or free to a good home!). Please mark each item with your name and the price you would like for the item. If someone wants it, they pay you the money (or haggle) and will be the proud owner of the goods. This has proved successful at many groups

round the UK so why not give it a try and you will earn some money from the sale as well as helping someone else.

Raffle:

We have recently introduced a raffle which will be drawn on the evening. The first prize is a bottle of wine – the choice is heavily influenced by Waitrose or M&S 'wine of the month' as Lesley has limited knowledge of these things!

Please Note:

If you have just picked up this leaflet from a clinic or retail outlet you may be wondering what all this is about. The Salisbury local support group is for practitioners, students and people who just have an interest in complementary health, sports, fitness and beauty. You do not have to be a member of the FHT to attend, however to find out more about our association visit our web site at www.fht.org.uk or call 0844 875 2022. These meetings are open to the general public too.

Should you have friends who might be interested please bring them along. For more information or to ask any questions please either telephone **Lesley** on **07922 121846**. No need for you to book unless otherwise stated, just turn up and enjoy the event.

All the meetings are open to everyone
Doors open 7:00pm