

# Calendar of Events 2011

Events for those interested in their health and well being

## Wigan and Leigh Local Support Group

### What's on, where and when and for whom?

Below are the dates and events for the next year for the local support group of the FHT. The events and talks are open to everyone; FHT members, members of other therapy associations and the general public. Many of the talks lead onto full day or weekend workshops for those wishing to take certain subjects a little further. Meetings take place at Wigan and Leigh College, Image/Foundation Centre, Walmesley Road, Leigh WN7 1XN. Car parking access via Walmesley Road. The meetings are held in the theory room on the second floor in the main building. Please ensure you display a car park visitors' pass when attending meetings. This can be obtained **free** from reception at the college. The entrance fee for each of the talks is now £3.00 and start at 7.00pm until 9.00pm. Refreshments are free.

**Date:** Monday, 21<sup>st</sup> March 2011.

**Topic:** **“Reflexology for People with Cancer” with Edwina Hodkinson BSc (Hons), RGN, MAR, MNIMH.** Edwina has been a healthcare professional for 29 years. She trained as a nurse in 1983 and worked for 12 years as a general nurse and ward sister. After training as a reflexologist in 1994, she worked as a volunteer reflexologist at her local hospice for 5 years and then became co-founder and manager of Bury Cancer Support Centre, a busy drop-in centre offering complementary therapies for people with cancer and their carers. This was followed by four years working as deputy clinical lead for complementary therapies at a major cancer hospital which involved using reflexology and aromatherapy in a wide range of settings, including a critical care unit, leukaemia unit and chemotherapy suite. She has just completed a BSc (Hons) degree in Herbal Medicine. Edwina has lectured for over 10 years on reflexology for people with cancer and has co-authored chapters in the books “Clinical Reflexology” and “Bodywork for People with Cancer”. She is currently working as a senior therapist at Bury Cancer Support Centre as well as running a busy private practice in Bury.



**Date:** Monday, 25<sup>th</sup> April 2011. This date has been cancelled as it is a bank holiday.

**Date:** Monday, 16<sup>th</sup> May 2011.

**Topic:** “**Integrated Healthcare**” with **Jon Critoph**. Jon is Education Development Manager for the FHT making a very welcome visit to the group.

**Date:** Monday, 13<sup>th</sup> June 2011

**Topic:** **TBA.**

**Date:** **July. There will be a Saturday trip for the group this month. Details to follow.**

**Date:** Saturday, 27<sup>th</sup> August.

**Topic:** **Herbal Walk with Tim Cappelli B.Sc (Hons), M.Sc. Phytomedicalist.**

**Date:** Monday, 19<sup>th</sup> September 2011.

**Topic:** **TBA.**

**Date:** Monday, 17<sup>th</sup> October 2011.

**Topic:** **Our speaker will be Ann Carter B>A. Dip. Health Ed. Cert Ed. MIFPA.**

**Date:** Monday 21<sup>st</sup> November 2011.

**Topic:** **TBA.**

**Date:** Monday, 12<sup>th</sup> December 2011.

**Topic:** **Members Forum – Christmas Party.**

### **Please Note:**

The **Wigan and Leigh** local support group is for practitioners, students and people who just have an interest in the complementary health, fitness and beauty. You do not have to be a member of the FHT to attend, however to find out more about our association visit our web site at [www.fht.org.uk](http://www.fht.org.uk) or call 0844 875 2022.

Should you have friends who might be interested please bring them along. For more information telephone **Jack Speight** on **07977 262022** or email **speight.jack@hotmail.co.uk**. No need to book unless other wise stated, just turn up and enjoy.