



Federation of Holistic Therapists
The UK's largest professional therapist association

Calendar of Events Spring 2012

Events for those interested in their health and well being

Wrexham Local Support Group

What's on, where and when and for whom?

Below are the events for the next half-year for the local support group of the FHT. The events and talks are open to everyone; FHT members, members of other therapy associations and the general public. Many of the talks lead onto full day or weekend workshops for those wishing to take certain subjects a little further. The entrance fee for each of the talks is now **£5.00** for FHT members and **£8.00** for non-members.

Date: **Monday 13 February 2012** prompt 7pm start and finish at 9pm. Please arrive in good time to sign in, pay and set up your treatment area

Venue: Rhostyllen Parish Hall and Institute, Vicarage Hill, Rhostyllen, Wrexham, LL14 4AR

Topic: **TLC for the Therapist and Taster Treatments**

Speaker: Carole Roberts, Group Co-ordinator

The evening will look at the use of FHT Short consultation sheets at taster events you may attend and will have plenty of time set aside for the exchange of taster Treatments between Support Group Members. This evening will be your opportunity to receive a bit of tender loving care from fellow FHT Therapists and experience a mini treatment yourself and reciprocate. You may sample a treatment new to you that you may wish to refer Clients to or perhaps even think about training in yourself.

Therapists are asked to bring their own tables and blankets to this meeting. Hot drinks will be provided.

Attendance at each Support Group meeting gives you two CPD points and the opportunity to take part and contribute (if you want) to the evening's discussion. As with all our evenings, we aim to be inclusive and for everyone attending to have the opportunity to discuss good practice or any concerns, raise awareness and be inspired so that you continue to develop and use advance techniques in the therapies you practice.



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The Support Group meetings aim to provide an opportunity for therapists in our area to meet, network and share any concerns or issues. The Group is successful and continues to grow and all new members are made very welcome. The Group also welcomes student FHT members as our meetings provide a good opportunity for them to become part of the Professional Therapists Support Group for their area. If there are any specific topics you would like to have included in our programme please contact Carole Roberts or Peta Pendlebury (details given at the end of this reminder).

The topics we have planned for 2012 may also be of interest to non-FHT Members so why not bring someone along with you? All are welcome. The cost is £5 for FHT members and £8 for non-members, and of course, you gain those valuable 2 CPD points for each meeting you attend. You may want to bring along a mug or cup with you for the tea/coffee break.

2012 Dates for your diaries

All meetings to be held in Rhostyllen Parish Hall from 7pm until 9pm unless advised otherwise:

13 February TLC for the Therapist – treatment exchanges

12 March* **Emma Williams - Crystals for Therapists and Therapy:** Emma is a successful and experienced holistic therapy practitioner who will share her knowledge and enthusiasm about the application of crystals in her practice and treatments. She will also bring along her favourite crystals and may even be persuaded to sell some of them to you.

No meeting in April

14 May **50th Anniversary of the FHT:** Charity Showcase & Taster Treatments – contact Peta Pendlebury for more detailed information

11 June **Jenny Cox - The Balance Procedure:** Jenny is an author and creator of TBP which is a new energy technique which can clear any negative thoughts you may hold about yourself. What is innovative about TBP is that there is no need to re-visit the past as Jenny only works in the Now. Everyone was born with the ability to create through thought and imagination. This simple technique will help you restore physical and emotional Balance



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in an instant! By countering everyday stresses in your life you can achieve the health and happiness you desire in life. It is nothing short of magic!

9 July **No meeting in Rhostyllen** as those members of the Group able to, will be attending and taking part in the 50th Anniversary Training Congress and Exhibition at the Heritage Motor Museum, Gaydon Warwickshire on 7 & 8 July 2012

No meeting in August

10 September **Networking Evening** - dedicated to providing an informal opportunity for therapists in the area to network and share any concerns or issues

8 October* **Davidia Ling - Holographic or Resonance Repatterning®**
Davidia will speak and demonstrate the theory that all matter is vibrating with energy; including your thoughts, feelings, words and entire body right down to individual cell and atom level. This vibration generates a frequency, which is unique to each activity or emotion and is largely an unconscious phenomenon - determining what sort of life experience you have. What we resonate with is what we attract in life. The Resonance Repatterning® system identifies and transforms the non-synchronised frequencies. When all your frequencies are synchronised you achieve coherence which is characterised by health, success and a positive outlook.

12 November* **Jon Critoph FHT**

10 December **Review and Party**

*Speaker Topic or date to be confirmed

The meetings are held at:

Rhostyllen Parish Hall and Institute, Vicarage Hill, Rhostyllen, Wrexham, LL14 4AR

Directions:

1. Turn off the A483 at the Wrexham Road, Little Chef roundabout (Junction 3)
2. Take the exit road signposted B5605 (Rhosllanerchrugog and Johnstown)
3. Almost immediately after the roundabout take the right turn by the large three storey red brick Farmhouse signposted (B5098) (Clywedog and Bersham)



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4. Turn right at the "T" junction signposted Rhostyllen ¼ which will take you back over the A483
5. Keep straight on the road past the Football playing field. The Parish Hall and Institute is set back on the left hand side of the road. It has black and white Gables to the front.
6. There is plenty of parking to the front and side of the building.
7. Look out for the FHT Signs as you go into the building which will direct you to where the meeting is being held

Please Note:

The Wrexham local support group is for practitioners, students and people who just have an interest in the complementary health, fitness and beauty. You do not have to be a member of the FHT to attend, however to find out more about our Association visit our web site at www.fht.org.uk or call 0844 875 2022.

Should you have friends who might be interested please bring them along. For more information please contact:

Carole Roberts MIGHT
Wrexham Therapists' Support Group Co-ordinator
Email: lemon_rose@hotmail.co.uk
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Or

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