

# INTERNATIONAL therapist

## Spring 2023 References

### Intuitive Intestines (p16)

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## Research (p70)

### Yoga and Asthma

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**Reflex and MS**

[https://journals.lww.com/md-journal/Fulltext/2023/02030/Systematic\\_review\\_and\\_meta\\_analysis\\_of\\_reflexology.56.aspx](https://journals.lww.com/md-journal/Fulltext/2023/02030/Systematic_review_and_meta_analysis_of_reflexology.56.aspx)

**Massage therapy and burns**

<https://onlinelibrary.wiley.com/doi/10.1111/iwj.14089>

**TCE and Hypertension**

<https://www.hindawi.com/journals/ecam/2023/2897664/>

**Music therapy and aromatherapy**

<https://www.sciencedirect.com/science/article/pii/S1991790222001404>

**Animal-assisted therapy and stress**

<https://docs.lib.purdue.edu/paij/vol6/iss1/1/>

**ENDS.**