

Aftercare instructions for waxing

Do

- Apply antiseptic cream to treated areas 3 times in the 24 hours following treatment.
- If your skin feels hot after treatment, bathe with a cold saltwater solution regularly in the hours following treatment, this reduces inflammation and speeds up the healing process. (Add half a teaspoon of salt to one cup of boiling water and chill).
- Apply sun block daily to prevent sunlight from interfering with the healing process for 2-3 days following treatment.
- Wear loose clothing.

Do not

- Expose the skin to sun, sunlight or sunbeds for 48 hours.
- Use a steam room, sauna or any heat treatment for 24 hours.
- Have a bath or shower for 24 hours.
- Swim in chlorinated water for 24 hours.
- Do aerobics or any exercise for 24 hours,
- Apply any heat or friction to the skin whatsoever,
- Apply any moisturisers or body lotions, other than those recommended, by your therapist for 24 hours.
- Apply body sprays or deodorants or perfume for 24 hours.
- Apply talc, make up or false tan for 24 hours.
- Wear tights, leggings, or tight fitting clothing for 24 hours.
- Massage the area for 24 hours.

Most people find the hair will start to re-grow within 7-10 days following treatment. The hair needs to be a certain length in order to successfully remove it by waxing. Allow 4 weeks before your next treatment.

Immediately after treatment, the area may be red or slightly inflamed, we apply a cooling lotion after the treatment.

