Charity seeks volunteer therapists to help homeless people this Christmas

Crisis, a charity that supports single homeless people, is urging complementary therapists in the London area to volunteer their services over the festive season as part of Crisis at Christmas, which runs from Sunday 23 December to Sunday 30 December 2012.

Up to ten temporary centres will be set up in London by Crisis, providing vital companionship and hot meals for homeless and vulnerably housed people, as well as essential services such as health checks, housing advice, training and further education opportunities.

Crisis aims to provide a range of massage and well-being therapies to guests across all centres at Crisis at Christmas. This includes Swedish massage, shiatsu, Indian head massage and reflexology, to ensure guests receive a holistic approach to their health.

This is a popular service so Crisis needs a high number of people to volunteer so that as many guests as possible have the chance to feel relaxed and looked after this Christmas.

Shifts run from 10.30am to 6pm starting on Monday 24 December through to Saturday 29 December. Crisis asks that every volunteer signs up for a minimum of two shifts.

To apply or for further information

Online volunteer application forms and further information can be found on the Crisis website at www.crisis.org.uk Alternatively, please call Crisis direct on 0300 636 1000.

Thinking of volunteering?

FHT Member, Caroline Mead, volunteered for Crisis at Christmas in 2010. To read about her experience, click here >>>

If you take part in Crisis at Christmas this year, please be sure to send in a write up so that we can share your experience with other FHT members. Email Joanna Reeves, Deputy Editor, at jreeves@fht.org.uk